

Do the KIND Thing™

NEW

Try a little
something new...

KIND minis variety pack

KIND[®]
HEALTHY SNACKS

- 107-115 (*nutritionally rich*) calories!
- 12 bars per pack



• ALL NATURAL • GLUTEN & WHEAT FREE • CHOLESTEROL FREE • NON GMO • NO TRANS FATS • DAIRY FREE

KIND minis: Variety Pack

The KINDEST highest-quality calories you can get in the 100 calorie range!

FRUIT & NUT DELIGHT

Low GI (54)

INGREDIENTS: Mixed nuts (peanuts, almonds, brazil nuts, walnuts), dried fruit (raisins, apricots [apricot paste, glycerol (vegetable based), pectin, citrus fiber, citric acid], dates), honey, chicory fiber, non GMO glucose, puffed rice, flax seeds, soy lecithin.

Nutrition Facts Serving Size: 1 bar (24g) Servings Per Package: 3 **Calories 108** Fat Cal. 58
*Percent Daily Values are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total fat 6g	9 %	Total carb. 12g	4 %
Saturated Fat 1g	5 %	Dietary Fiber 2g	8 %
Trans Fat 0g		Sugars 7g	
Cholesterol 0mg	0 %	Protein 3g	6 %
Sodium 10mg	0 %		

Vitamin A 4% • Vitamin C 2% • Calcium 2% • Iron 2%

ALMOND & APRICOT

Low GI (48) **Good Source of Fiber**

INGREDIENTS: Almonds, dried coconut, apricots [apricot paste, glycerol (vegetable based), pectin, citrus fiber, citric acid], honey, non GMO glucose, puffed rice, chicory fiber, soy lecithin.

Nutrition Facts Serving Size: 1 bar (24g) Servings Per Package: 3 **Calories 110** Fat Cal. 59
*Percent Daily Values are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total fat 7g	11 %	Total carb. 13g	4 %
Saturated Fat 3g	15 %	Dietary Fiber 3g	8 %
Trans Fat 0g		Sugars 7g	
Cholesterol 0mg	0 %	Protein 2g	4 %
Sodium 10mg	0 %		

Vitamin A 4% • Vitamin C 2% • Calcium 2% • Iron 2%



ALMOND CASHEW + FLAX (OMEGA-3)

300mg Omega-3 (ALA)
30% DV Vitamins B3, B6 and B12

INGREDIENTS: Dates, almonds, cashews, honey, non GMO glucose, milled flaxseed (vegetarian omega-3), chicory fiber, natural flavor.

VITAMINS: Vitamin B3 (Niacinamide), Vitamin B6 (Pyridoxine), Vitamin B12 (Cyanocobalamin).

Nutrition Facts Serving Size: 1 bar (24g) Servings Per Package: 3 **Calories 107** Fat Cal. 55
*Percent Daily Values are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total fat 6g	9 %	Total carb. 12g	4 %
Saturated Fat 1g	5 %	Dietary Fiber 2g	8 %
Trans Fat 0g		Sugars 8g	
Cholesterol 0mg	0 %	Protein 2g	4 %
Sodium 0mg	0 %		

Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 4% • Vitamin B1 (Thiamin) 2% • Vitamin B2 (Riboflavin) 4% • Vitamin B3 (Niacin) 30% • Vitamin B6 30% • Vitamin B12 30% • Phosphorus 6% • Magnesium 8% • Zinc 4%

CRANBERRY ALMOND + ANTIOXIDANTS

Low GI (53) **ANTIOXIDANTS: 30% DV Vitamins A, C and E**

INGREDIENTS: Almonds, dried cranberries (cranberries, sugar, sunflower oil), macadamias, honey, non GMO glucose, puffed rice, chicory fiber, soy lecithin.

VITAMINS: Vitamin A Acetate, Vitamin C (Ascorbic Acid), Vitamin E (D-Alpha Tocopheryl Acetate).

Nutrition Facts Serving Size: 1 bar (24g) Servings Per Package: 3 **Calories 115** Fat Cal. 69
*Percent Daily Values are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total fat 8g	12 %	Total carb. 12g	4 %
Saturated Fat 1g	5 %	Dietary Fiber 2g	8 %
Trans Fat 0g		Sugars 7g	
Cholesterol 0mg	0 %	Protein 2g	4 %
Sodium 10mg	0 %		

Vitamin A 30% • Vitamin C 30% • Calcium 2% • Iron 2% • Vitamin E 30% • Vitamin B1 (Thiamin) 6% • Vitamin B2 (Riboflavin) 4% • Vitamin B3 (Niacin) 2% • Phosphorus 4% • Magnesium 6% • Zinc 2%



Good Source of Fiber **Low GI**

sales@kindsnacks.com
Tel: 212.616.3006 • Fax: 212.616.3005
KIND LLC. PO Box 1393 Old Chelsea Station New York, NY 10113



	PACK & SIZE	CUBIC FEET	WEIGHT	CASE DIMENSIONS LxWxH (INCHES)	PALLET-CASE TIER X HIGH = TOTAL
KIND minis 5 pack	5 x 0.8 oz	0.02	0.32 lbs	1.6 x 4.6 x 5.1	N/A
Master case	8 x 5 x 0.8 oz	0.20	2.9 lbs	4.8 x 12.8 x 5.6	30(T) x 9(H) = 270

Inner Case UPC:



Master Case UPC:

