



RECOVERY & MOVEMENT ENHANCEMENT TECHNOLOGY™





As far back as I can remember, I have always had a passion for sports and science. From my own experience as an athlete, I studied the science of the body and learned that maintaining a healthy body is essential to an athlete's performance. Several years ago, I set out to create a brand whose products would improve athletic performance by enhancing athletic recovery and preventing injury. In order to develop products of this caliber, I collaborated with some of the world's best athletes and trainers so that the products would meet their standards. Together our goal was to create a series of products that would be a set of tools athletes could use to recover faster from training and competition, and prevent injury by keeping the body in proper balance. I would go on to name the brand after our first product- the Hyperice: the most advanced portable ice compression device on the market. Today our products are used by over one thousand of the top athletes in the world. We strive to perfect all of our products and look forward to collaborating with more professional athletes to develop the world's best prevention and recovery devices on the planet.



Anthony Katz | Founder  
Hyperice, Inc

## CRYOTHERAPY FOR INJURY REPAIR & PERFORMANCE ENHANCEMENT

The use of ice, or cryotherapy, for musculoskeletal injuries has been a primary treatment approach used by healthcare providers for many years. Today, cryotherapy use continues to be a proven and beneficial adjunct to managing soft tissue injury. It is proposed that applying cooling to a musculoskeletal injury decreases the tissue temperature, resulting in diminished pain, cellular metabolism, and muscle spasm, thus minimizing the inflammatory response and improving recovery after soft tissue trauma.

### THE INFLAMMATORY RESPONSE

An inflammatory response occurs at the site of the injury and is the local, tissue-level response to the injury and the mechanism by which a tissue heals. Signs of tissue inflammation may include pain, redness, warmth, swelling, and decreased function. Inflammation can develop from both acute injuries, such as ligament sprains or tears, and chronic injuries, such as arthritis or tendinitis. Swelling of the injured region is not uncommon and contributes to loss of movement and ultimately a decrease in function.

### THERAPEUTIC EFFECTS OF ICE

Cryotherapy, or cold therapy, is a common modality used in the treatment of soft tissue injuries. Cold therapy has an impact on a tissue's metabolism, pain response, and hemodynamics, thus aiding in the management of the inflammatory response. It has also been demonstrated that the application of cryotherapy decreases blood flow to the injured region, thus reducing edema formation. The combined effects of decreased energy requirements, reduced blood flow, analgesic response, and swelling reduction all diminish the tissue's inflammatory response, ultimately resulting in a shortened healing process and hastened return to activity.

### ROLE OF COMPRESSION

Compression is often used in conjunction with cryotherapy. Benefits of compression include improved contact between the skin and the cold source, greater reduction of blood flow to the region, and an increased insulation effect, which may further reduce tissue temperatures. Compression also assists with control of edema formation that may arise after injury or secondary to microtrauma sustained during a hard workout.

EACH HYPERICE DEVICE IS COMPOSED OF TWO PARTS THAT WORK TOGETHER AS A SYSTEM TO MAXIMIZE COLD + COMPRESSION AND DELIVER OPTIMAL COLD THERAPY.

## 1) ICE CELL W/ AIR RELEASE TECHNOLOGY

The Ice Cell provides the “cold” component by harnessing the power of real ice, or HYPERICE Fuel, which is loaded into the Ice Cell, used in conjunction with the patented Air Release Valve, which removes air from the Ice Cell to enable maximum compression throughout the icing process.



### PRECISION HARDWARE

Wide-mouth opening for easy filling and flange collar to stabilize Ice Cell during treatments.

### AIR RELEASE VALVE

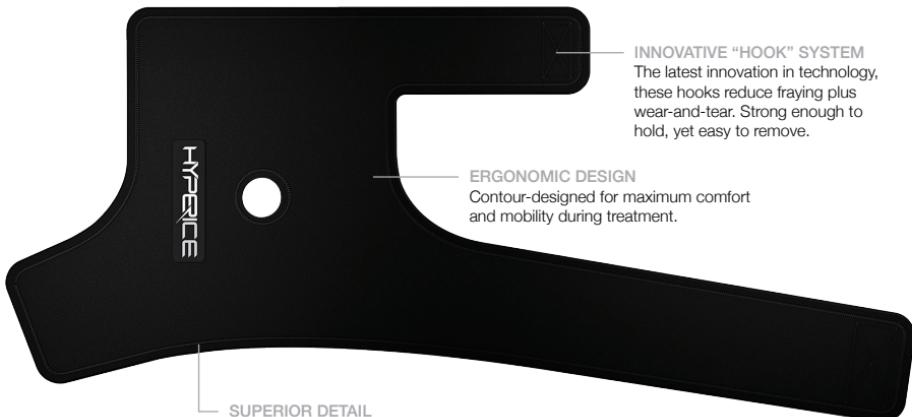
Patented Air Release Valve removes air from the Ice Cell for optimal compression.

### ULTRA-THIN SKIN

Ultra-thin antimicrobial skin harnesses the power of real ice to quickly transfer cold to the body.

## 2) COMPRESSION WRAP

Each Compression Wrap is designed to apply firm pressure to the Ice Cell, pushing all excess air trapped in the cell to the surface. By pressing the Air Release Valve, the excess air is removed from the Ice Cell, allowing the Compression Wrap to make direct contact with the ice, forming an ice “cast” around the specific body part.



\*SHOULDER-RIGHT DEVICE SHOWN

## SHOULDER DEVICE

Right Shoulder / Left Shoulder (Sold Separate)

Sleek, compact, and comfortable. For the athlete that throws, swings or strikes. Delivers optimal cold to the shoulder to best experience the benefits provided by cold therapy.



## UTILITY DEVICE

Ankle / Elbow / Shin / Wrist / Youth Knee

The fixer. Designed to go almost anywhere. Compact design fitted with smaller ice cell, for targeted cold and compression. Delivers optimal cold to the ankle, elbow, shin or wrist. Also fits excellent for the knee of youth athletes.



## KNEE DEVICE

Right Knee / Left Knee

Recharge + Repair + Recover. Essential gear for any athlete who moves fast and needs to recover faster. Delivers optimal cold to the knee to best experience the benefits provided by cold therapy.



## BACK DEVICE

Lower Back / Middle Back

Revitalize your core. Restabilize your body. Multi-layered compression for the back. Rebuild from the center, return to balance. Delivers optimal cold to the back to best experience the benefits provided by cold therapy.



VYPER 2.0



## V Y P E R 2 . 0

HIGH-INTENSITY VIBRATING FITNESS ROLLER



The Vyper 2.0 is the next generation of the world's most powerful vibrating fitness roller. Now stronger, sleeker, and even more durable.

To purchase or learn more visit:  
[hyperice.com](http://hyperice.com)

HYPERSPHERE



## HYPERSPHERE

HIGH-INTENSITY VIBRATING FITNESS BALL



Powerful yet small, the Hypersphere targets your tightest areas to unlock the body and help you move better.

To purchase or learn more visit:  
[hyperice.com](http://hyperice.com)

VENOM

HYPERICE FUEL



VENOM

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WEARABLE HEAT + VIBRATION BACK DEVICE

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The Venom is a cutting edge, digitally connected wearable device that combines heat and vibration to warmup, loosen and relax muscles.

To purchase or learn more visit:  
[hyperice.com](http://hyperice.com)



HYPERVOLT

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VIBRATION MASSAGE DEVICE

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The Hypervolt is a cordless state-of-the-art vibration massage device that helps relax sore and stiff muscles to improve mobility.

To purchase or learn more visit:  
[hyperice.com](http://hyperice.com)

# hypersoothe™

ESSENTIAL OIL-INFUSED SOOTHING CREAM



Hypersoothe is a lightweight topical cream infused with essential oils and natural plant extracts to soothe the body's muscles and joints. Formulated to meet the standards of the world's best athletes.

To purchase or learn more visit:  
[hyperice.com](http://hyperice.com)

# HYPERICE FUEL™

REUSABLE SYNTHETIC ICE



A reusable synthetic ice, Hyperice Fuel™ provides optimal freezer temperatures through a full icing cycle. Hyperice Fuel can be used with any of the Hyperice Ice Compression Devices.

To purchase or learn more visit:  
[hyperice.com](http://hyperice.com)

## INSTRUCTIONS

### USAGE INSTRUCTIONS

**1** Fill the Ice Cell 2/3 with ice – do not add water. Crushed ice or small ice nuggets work best with all HYPERICE® products, however ice cubes may be substituted as needed.

**2** Place the Ice Cell on a flat surface and flatten out - removing as much air from the Ice Cell as possible before securing the cap.

**3** Insert the Ice Cell into the Compression Wrap.

**4** Place on the body and apply the compression straps to the desired level of compression.

**5** Lightly press the Air Release Valve to remove air from the Ice Cell. For added compression, re-tighten the compression straps after the air has been released.

**6** Leave the device on for 15 – 20 minutes. Press the Air Release Valve once every 5 minutes to release any air that accumulates during the treatment to sustain optimal compression.

### CARE INSTRUCTIONS

**1** After use, rinse the Ice Cell inside and out with fresh water and air dry.

**2** After the Ice Cell is dry, store in a cool, dry place.

**3** Do not expose the Ice Cell to direct sunlight and/or heat, as the UV rays can damage the medical-grade material.

**4** Do not fill the Ice Cell with anything other than ice or HYPERICE FUEL.

**5** Do not machine wash or iron.

### CAUTION

**1** THIS PRODUCT CONTAINS NATURAL RUBBER LATEX WHICH MAY CAUSE ALLERGIC REACTIONS.

**2** DO NOT LEAVE ANY HYPERICE® DEVICE ON THE BODY FOR MORE THAN 25 MINUTES AT A TIME.

For more detailed directions on how to use your HYPERICE® device, please visit the PRODUCTS section of our website at [www.hyperice.com](http://www.hyperice.com). There you will find an instructional video that clearly illustrates how to use your HYPERICE® device.

## INSTRUCTIONS\_FR

### INSTRUCTIONS RELATIVES À L'ENTRETIEN

**1** Après avoir utilisé la cellule de glace, rincez-la bien à l'intérieur et à l'extérieur avec de l'eau fraîche et laissez sécher à l'air.

**2** Une fois que la cellule de glace est sèche, placez-la dans un endroit frais et sec.

**3** Ne pas exposer la cellule de glace directement à la lumière du jour ni à la chaleur. Les rayons UV peuvent endommager le matériau de qualité médicale.

**4** Ne pas remplir la cellule de glace que de glace.

**5** Ne pas laver en machine ni repasser.

### AVERTISSEMENT

**1** CE PRODUIT CONTIENT DU LATEX EN CAOUTCHOUC NATUREL POUVANT ENTRAINER DES RÉACTIONS ALLERGIQUES.

**2** NE PAS LAISSER D'APPAREILS HYPERICE® SUR LE CORPS À LA FOIS PENDANT PLUS DE 25 MINUTES.

### MODE D'EMPLOI

**1** Remplissez la cellule de glace 2/3 avec de la glace - ne pas ajouter d'eau. La glace pilée ou pépites de glace fonctionnent mieux avec tous les produits HYPERICE®, toutefois vous pouvez y substituer des cubes de glace.

**2** Placez la cellule de glace sur une surface plane et aplatissez en retirant autant d'air que possible de la cellule de glace avant de fermer le capuchon.

**3** Insérez la cellule de la glace dans l'enveloppe de compression.

**4** Placez sur le corps et appliquez les sangles de compression au niveau de la compression.

**5** Appuyez légèrement sur la vanne d'évacuation d'air pour retirer l'air de la cellule de glace. Pour une meilleure compression, resserrez les sangles une fois que l'air s'est échappé.

**6** Laissez reposer l'appareil pendant 15 à 20 minutes. Appuyez sur la vanne d'évacuation d'air une fois toutes les 5 minutes pour dégager l'air qui s'est accumulé pendant le traitement pour maintenir une compression optimale.

Pour de plus amples informations sur le mode d'emploi de l'appareil HYPERICE®, visitez la section PRODUITS de notre site Internet [www.hyperice.com](http://www.hyperice.com). Vous trouverez ici une vidéo d'instruction qui illustre clairement le mode d'emploi de l'appareil HYPERICE®.

## INSTRUCTIONS\_SP

### INSTRUCCIONES DE USO

**1** Llene con hielo hasta los 2/3 la celda de hielo - no agregue agua. El hielo picado o pequeños trozos de hielo funcionan mejor con todos los productos HYPERICE®, no obstante se pueden sustituir los cubos de hielo según sea necesario.

**2** Coloque la celda de hielo sobre una superficie plana y áchátele, eliminando tanto aire como sea posible de la celda de hielo antes de asegurar la tapa.

**3** Introduzca la celda de hielo en la venda de compresión.

**4** Coloque sobre el cuerpo y aplique las tiras de compresión en el nivel deseado de compresión.

**5** Presione suavemente la válvula de liberación de aire para quitar el aire de la celda de hielo. Para una compresión adicional, vuelva a apretar las tiras de compresión cuando se haya liberado el aire.

**6** Deje el dispositivo en su lugar de 15 a 20 minutos. Presione la válvula de liberación de aire una vez cada 5 minutos para dejar salir todo el aire que se haya acumulado durante el tratamiento a fin de mantener una compresión óptima.

Para obtener instrucciones más detalladas sobre cómo usar su dispositivo HYPERICE®, visite la sección de PRODUCTOS en nuestro sitio web [www.hyperice.com](http://www.hyperice.com). Allí encontrará un video de instrucciones que ilustra claramente cómo usar su dispositivo HYPERICE®.

### INSTRUCCIONES PARA EL CUIDADO

**1** Despues de usar, enjuague la celda de hielo por dentro y por fuera con agua fresca y deje secar al aire.

**2** Despues de que la celda de hielo esté seca, guárdela en un lugar fresco y seco.

**3** No exponga la celda de hielo a la luz directa o al calor del sol, ya que los rayos UV pueden dañar el material de grado médico.

**4** No llene la celda de hielo con otra cosa que no sea hielo.

**5** No la lave en la máquina ni la planche.

### PRECAUCIÓN

**1** ESTE PRODUCTO CONTIENE LÁTEX DE CAUCHO NATURAL QUE PODRÍA CAUSAR REACCIONES ALÉRGICAS.

**2** NO DEJE NINGÚN DISPOSITIVO HYPERICE® SOBRE EL CUERPO POR MÁS DE 25 MINUTOS POR VEZ.

### GEBRAUCHSANLEITUNG

**1** Füllen Sie die Eiszelle zu zwei Dritteln mit Eis - KEIN Wasser hinzufügen! Am besten eignen sich für alle HYPERICE®-Produkte gestoßenes Eis oder kleine Eisstückchen. Wenn nötig, können jedoch auch Eiszwölfe verwendet werden.

**2** Legen Sie die Eiszelle auf eine ebene Fläche und drücken Sie sie flach, damit vor dem Aufschrauben der Kappe möglichst viel Luft abgelassen wird.

**3** Platzieren Sie die Eiszelle in der Kompressionsbandage.

**4** Bringen Sie die Bandage an der gewünschten Körperstelle an und ziehen Sie die Druckgurte auf die gewünschte Kompressionskraft fest.

**5** Drücken Sie leicht das Entlüftungsventil, um Luft aus der Eiszelle abzulassen. Wenn Sie eine stärkere Kompression wünschen, können Sie dann die Druckgurte fester ziehen.

**6** Belassen Sie die Bandage 15 bis 20 Minuten an Ort und Stelle. Drücken Sie alle 5 Minuten das Entlüftungsventil, um während der Behandlung angesammelte Luft abzulassen - damit erreichen Sie eine optimale Kompression.

### PFLEGEANLEITUNG

**1** Nach jedem Gebrauch muss die Eiszelle innen und außen mit frischem Wasser gespült und anschließend an der Luft getrocknet werden.

**2** Die trockene Eiszelle ist an einem kühlen, trockenen Ort aufzubewahren.

**3** Die Eiszelle muss vor direkter Sonneneinstrahlung bzw. Hitzequellen geschützt werden, denn UV-Strahlen können Materialien pharmazeutischer Qualität beschädigen.

**4** Die Eiszelle darf NUR mit Eis gefüllt werden.

**5** Die Produkte dürfen nicht in der Waschmaschine gewaschen oder gebügelt werden.

### VORSICHT

**1** DIESES PRODUKT ENTHÄLT NATURLATEX, WAS ALLERGISCHE REAKTIONEN VERURSACHEN KANN.

**2** HYPERICE®-KOMPRESSEN DÜRFEN NICHT LÄNGER ALS 25 MINUTEN ZURZEIT AM KÖRPER BELASSEN WERDEN.

Eine detailliertere Gebrauchsanleitung für Ihre HYPERICE®-Komprese finden Sie unter PRODUCTS auf unserer Website [www.hyperice.com](http://www.hyperice.com). Das Anleitungsvideo zeigt Ihnen klar und deutlich, wie die HYPERICE®-Kompressen angewendet werden.

## INSTRUCTIONS\_GE

## INSTRUCTIONS\_JP

### 使用方法

1. アイスバッグに氷を **2/3**まで入れます。水は入れないで下さい。

**HYPERIC®** 製品にはクラッシュアイスが最適ですが、小粒のアイスや製氷皿の氷も小さくして使用できます。

2. 両手でアイスバッグを外側に押して平らになるように出来る限り空気を抜いて下さい。その後、フタをしっかりと閉めて下さい。

3. アイスバッグをソーター本体に装着します。

4. アイスバッグが患部にあたるようにソーターを調整し固定します。

5. エアリースバルブを軽く押さえながらアイスバッグに残っている空気を抜きます。

この空気を抜くことで更にフィット感が得られます。

6. 15~20 分間程冷却して下さい。

最適な圧縮状態を保つ為に、装着中は **5** 分毎にエアリースバルブを押し空気を抜いて下さい。

### お手入れ方法

1. 使用後は水でアイスバッグの内部と外部を洗い自然乾燥して下さい。

2. アイスバッグが乾いたら、高温多湿を避けて保管して下さい。

3. 直射日光、熱、紫外線にさらすと素材の性能が低下する恐れがあります。

4. アイスバッグに氷以外のものを入れないで下さい。

5. 洗濯機やアイロンは使用しないで下さい。

### 注意事項

1. 本製品の素材はラテックス（天然ゴム）を含有しており、アレルギーの原因となることがありますのでご注意下さい。

2. **HYPERIC®** 製品は **25** 分以上持続して皮膚にあてないで下さい。

## 1-YEAR WARRANTY

If within one year from the date of purchase, this product fails due to a defect in material or workmanship, Hyperice Inc., and/or the international distributor, dealer or retailer from whom the purchase was made, will repair or replace the product, or necessary components, free of charge.

This warranty excludes:

- (a) damage caused by accident, abuse, mishandling, or transport;
- (b) units subjected to unauthorized repair;
- (c) units not used in accordance with Hyperice care instructions;
- (d) damage exceeding the cost of the product;
- (e) deterioration of the delivered product resulting from abnormal storage and/or safeguarding conditions on the client's premises, and
- (f) failure to provide the dated proof of purchase.

Some states and countries do not allow a limitation of damages, so the foregoing limitation may not apply to you. This warranty guarantees specific legal rights, and but other rights may vary from country to country and from state to state. This warranty service is available through the operating policies and procedures of Hyperice Inc., and all Hyperice international distributors.

If you are a client, please contact the appropriate Hyperice business entity, dealer or retailer, from whom you directly purchased the product for warranty and return authorization procedures. This warranty is initiated and executed by Hyperice Inc.



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