



# Winter Backcountry Camping Checklist



## Snow Travel

- Backpack
- Day pack or ski pack
- Snowshoes
- Skis (*with skins*)
- Snowboard or splitboard (*with skins*)
- Backcountry ski poles or trekking poles (*with snow baskets*)
- Crampons
- Ice axe

### **Avalanche Gear:**

- Avalanche transceiver (*1 per person*)
- Avalanche probe (*1 per person*)
- Snow shovel (*1 per person*)
- Slope meter
- Snow saw

### **Optional:**

- Handwarmers and footwarmers
- Oversized zipper pulls
- Two-way radios
- Binoculars



## Navigation

- Map\* and compass\*
- Route description or guidebook
- Watch
- GPS
- Satellite messenger/PLB



## Campsite

- Winter tent (*with guylines*)
- Snow or tent stakes
- Cold-weather sleeping bag(s)
- Well-insulated sleeping pad(s)
- Sit pad(s)
- Headlamp(s) (*+ extra batteries*)

### **Optional:**

- Camping pillow(s)
- Sleeping bag liner(s)



## Clothing

- Moisture-wicking long underwear
- Long-sleeve shirt
- Insulated jacket or fleece jacket
- Insulated pants or fleece pants
- Rainwear (*jacket and pants*)
- Winter boots and gaiters
- Socks (*synthetic or wool*)
- Gloves or mittens
- Warm hat or balaclava
- Extra clothes\*



## Kitchen

- Stove and fuel
- Matches/lighters + fire starter\*
- Cook set and pot lifter
- Cooking and eating utensils
- Dishes/bowls and mugs/cups
- Insulated vacuum bottles
- Biodegradable soap
- Pot scrubber/sponge
- Trash/recycling bags



## Water & Food

- Water bottle(s) and/or reservoir\*
- Insulated sleeves for bottles and reservoirs
- Water filter/chemical treatment\*
- Extra fuel + pot to melt snow\*
- Meals and snacks
- Extra day's supply of food\*
- Cocoa/hot beverage mixes
- Animal-resistant food container(s)



## Emergency

- First-aid kit or first-aid supplies\*
- Whistle
- Emergency shelter\*
- Two itineraries: 1 left with friend + 1 under car seat



## Tools & Repair

- Knife or multi-tool\*
- Duct tape and repair kits for pad/mattress and stove
- Tent pole repair sleeve
- Extra cord

\* These items are part of the Ten Essentials systems.



## Health & Hygiene

- Hand sanitizer
- Quick-dry towel
- Toothbrush/toothpaste + floss
- Sanitation trowel
- Toilet paper/wipes and sealable bag *(to pack it out)*
- Menstrual products and urinary products
- Prescription meds *(if needed)*
- Prescription glasses
- Sun protection:**
- Sunglasses\* *(+ retainer leash)*
- Sunscreen\*
- SPF-rated lip balm\*
- Sun hat\*



## Personal Items

- Credit card and/or cash
- ID
- Cellphone
- Campsite permit *(if required)*
- Trail pass *(if required)*
- Notebook and pen or pencil
- \_\_\_\_\_



## Extra Items

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*\* These items are part of the Ten Essentials systems. The exact items you take for each system can be tailored to your trip based on considerations such as weather, difficulty, duration and distance from help. To learn more, see our article on the Ten Essentials.*