Trad Climbing Checklist

Notes: This list is intentionally extensive; not every climber will bring every item on every outing. List is for day use. For multiday trips, add gear from our Backpacking or Camping lists.

Climbing Gear Basics (hardware quantities depend on route)
- Rope
- Belay/rappel device
- Large locking carabiner for belay device
- Additional locking carabiners
- Nonlocking carabiners
- Nuts
- Hexes
- Cam

Personal Basics
- Helmet
- Harness
- Rock shoes
- Hand protection (belay/rappel gloves; tape)

Gear and Clothing Options
- Map (with protective case)
- Compass
- GPS
- Headlamp or flashlight
- Extra batteries
- Knife or multi-tool
- Multifunction watch with altimeter
- Matches/lighter/fire starter in waterproof container
- Two-way radios
- Cell phone in protective bag
- Emergency reflective blanket
- Repair items

Other Personal Items
- Insect repellent
- Toilet paper
- Sanitation trowel
- Hand sanitizer
- Camera
- Binoculars
- Signaling mirror

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