



Canoe Day Touring Checklist

Heading to the water? Our comprehensive checklist for a day of canoeing includes required and optional gear, clothing and accessories. Note: This list is intentionally extensive; not every paddler will bring every item on every outing.



Canoe Basics

- | | |
|--|---|
| <input type="checkbox"/> Canoe | <input type="checkbox"/> Spray covers |
| <input type="checkbox"/> Paddle (<i>1 per paddler</i>) | <input type="checkbox"/> Weather/VHF radio |
| <input type="checkbox"/> Extra paddle | <input type="checkbox"/> Signaling devices (<i>whistle, mirror, flares</i>) |
| <input type="checkbox"/> Personal floatation device (<i>1 per paddler</i>) | <input type="checkbox"/> Float bags |
| <input type="checkbox"/> Extra PFD | <input type="checkbox"/> Emergency floating throw line (<i>w/throw bag</i>) |
| <input type="checkbox"/> Seat | <input type="checkbox"/> Bailer or bilge pump |
| <input type="checkbox"/> Knee pads | <input type="checkbox"/> Sponges |
| <input type="checkbox"/> Yoke (<i>with pads</i>) | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Dry bags (<i>for gear organization</i>) | |



Core Gear

- | | |
|---|---|
| <input type="checkbox"/> Maps and charts in waterproof case | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Compass | <input type="checkbox"/> Lip balm |
| <input type="checkbox"/> GPS | <input type="checkbox"/> Water bottles (<i>filled</i>) |
| <input type="checkbox"/> Matches/lighter/fire starter in waterproof container | <input type="checkbox"/> Water treatment method |
| <input type="checkbox"/> Knife or multi-tool | <input type="checkbox"/> Backup water treatment (<i>e.g., halogens</i>) |
| <input type="checkbox"/> Two-way radios | <input type="checkbox"/> Energy food (<i>bars, gels, trail mix</i>) |
| <input type="checkbox"/> Cellphone in protective bag | <input type="checkbox"/> Beverages or powdered drinks |
| <input type="checkbox"/> Multifunction watch | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Headlamp or flashlight (<i>with extra batteries</i>) | <input type="checkbox"/> _____ |
| <input type="checkbox"/> First-aid supplies | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> _____ |



Clothing

- | |
|--|
| <input type="checkbox"/> Dry suit or top |
| <input type="checkbox"/> Paddling gloves or pogies |
| <input type="checkbox"/> Neoprene footwear |
| <input type="checkbox"/> Sandals |
| <input type="checkbox"/> Helmet |
| <input type="checkbox"/> Sun-shielding hat |
| <input type="checkbox"/> Hat or cap retainer |
| <input type="checkbox"/> Skullcap |
| <input type="checkbox"/> Bandana or neck gaiter |
| <input type="checkbox"/> Wool/synthetic cap or balaclava |
| <input type="checkbox"/> Moisture-wicking T-shirt |
| <input type="checkbox"/> Moisture-wicking underwear |
| <input type="checkbox"/> Rashguard |
| <input type="checkbox"/> Swimsuit |
| <input type="checkbox"/> Shorts or convertible pants |
| <input type="checkbox"/> Sun-shielding shirt (<i>long sleeves</i>) and pants |
| <input type="checkbox"/> Spray jacket or rainwear (<i>jacket and pants</i>) |
| <input type="checkbox"/> Synthetic vest or jacket (<i>for insulation</i>) |
| <input type="checkbox"/> Synthetic pants (<i>for insulation</i>) |
| <input type="checkbox"/> Synthetic gloves or mittens |
| <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ |



Repair Kit

- ☐ Sealant
- ☐ Bailing wire (*copper, small roll*)
- ☐ Nylon cord or bungee cords
- ☐ Putty
- ☐ Replacement nuts/bolts
- ☐ Repair/duct tape
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____



Other Day Gear Options

- | | |
|---|--|
| <input type="checkbox"/> Lunch | <input type="checkbox"/> Permits and licenses |
| <input type="checkbox"/> Energy food (<i>bars, gels, trail mix</i>) | <input type="checkbox"/> Fishing gear |
| <input type="checkbox"/> Beverages or powdered drinks | <input type="checkbox"/> Notebook and pen or pencil |
| <input type="checkbox"/> Cooler (<i>with ice</i>) | <input type="checkbox"/> Credit card; small amount of cash |
| <input type="checkbox"/> Camera | <input type="checkbox"/> Trip itinerary left w/friend and under car seat |
| <input type="checkbox"/> Binoculars | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Duffels (<i>to supplement dry bags</i>) | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Insect repellent | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Toilet paper and sanitation trowel | <input type="checkbox"/> _____ |