CAMPING GEAR:
The Essentials

CAMPsite Essentials

- Tent (with footprint, stakes and hammer)
- Sleeping bags
- Sleeping pads
- Headlamps or flashlights (with extra batteries)
- Camp pillow(s) (optional)
- Camp chairs or folding chairs (optional)
- Folding table (if your site has none)
- Swiss Army knife or multi-tool
- Electric lantern (optional)

Cooking & Eating Essentials

- Stove, fuel and lighter
- Cook pots, frying pan and pot holder
- Spatula, whisk and knife
- Cutting board
- Bottle opener, corkscrew and can opener
- Food-storage containers, bags and foil
- Pot scrubber/sponge and biodegradable soap
- Cooler(s) and ice
- Water bottles
- Plates, bowls, mugs/cups, utensils
- Measuring cups and spoons (optional)
- Kitchen towel
- Trash bags
- Collapsible water container (optional)

Hygiene & Medical Essentials

- Toilet paper (campgrounds can run out)
- Hand sanitizer
- Small bath towel
- Menstrual supplies (as needed)
- First-aid kit
- Sunscreen
- Insect repellent
- Prescription medications (as needed)