



CAMPING GEAR:

The Essentials



CAMPSITE ESSENTIALS

- ☐ Tent *(with footprint, stakes and hammer)*
- ☐ Sleeping bags
- ☐ Sleeping pads
- ☐ Headlamps or flashlights *(with extra batteries)*
- ☐ Camp pillow(s) *(optional)*
- ☐ Camp chairs or folding chairs *(optional)*
- ☐ Folding table *(if your site has none)*
- ☐ Swiss Army knife or multi-tool
- ☐ Electric lantern *(optional)*



COOKING & EATING ESSENTIALS

- ☐ Stove, fuel and lighter
- ☐ Cook pots, frying pan and pot holder
- ☐ Spatula, whisk and knife
- ☐ Cutting board
- ☐ Bottle opener, corkscrew and can opener
- ☐ Food-storage containers, bags and foil
- ☐ Pot scrubber/sponge and biodegradable soap
- ☐ Cooler(s) and ice
- ☐ Water bottles
- ☐ Plates, bowls, mugs/cups, utensils
- ☐ Measuring cups and spoons *(optional)*
- ☐ Kitchen towel
- ☐ Trash bags
- ☐ Collapsible water container *(optional)*



HYGIENE & MEDICAL ESSENTIALS

- ☐ Toilet paper *(campgrounds can run out)*
- ☐ Hand sanitizer
- ☐ Small bath towel
- ☐ Menstrual supplies *(as needed)*
- ☐ First-aid kit
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Prescription medications *(as needed)*