Summer Scoop

When hot days are here, cool down with a favorite treat. Here's an easy recipe for a sweet scoop of ice cream that you can make at home. Be sure to ask a parent for help.

Handmade Ice Cream

What you'll need

1/2 cup whole milk or cream
1 tablespoon white sugar
1/4 teaspoon vanilla
6 tablespoons rock salt
Ice cubes
1 pint-size resealable plastic food storage bag
1 gallon-size resealable plastic food storage bag

What you'll do

1. Fill the gallon-size bag halfway with ice and salt.
2. Fill the pint-size bag with milk, sugar and vanilla. Seal.
3. Place the smaller bag inside the larger bag, then seal the larger bag.
4. Shake for 5 minutes or until the mixture has frozen.

Voilà! A scoop of soft-serve ice scream for you to enjoy.